

[LN 1018]

OCTOBER 2018

Sub. Code: 1311

**M.Sc. CLINICAL NUTRITION EXAMS
SECOND YEAR
PAPER I – APPLIED NUTRITION**

Q.P. Code : 281311

Time : Three hours

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Discuss the nutrient requirements, dietary modifications and guidelines for elderly.
2. Explain menu planning and factors affecting the food choices.

II. Write notes on:

(10 x 6 = 60)

1. What are the nutritional assessment and guidelines to be followed in prenatal care?
2. Explain the dietary management and other concerns to be followed during breast feeding.
3. What are the dietary guidelines of school children and adolescents?
4. Write down the nutrient requirements and RDA for infants.
5. Discuss about the sexual maturity and psycho-social change in adolescence
6. Discuss the nutrient requirements in high altitudes.
7. Explain the parameters of fitness.
8. Describe about the space food systems.
9. Discuss the role of nutraceuticals on human health.
10. What are the major nutritional deficiency diseases in emergencies?
